

# FIFTH ANNUAL WINTER CONFERENCE

*on IBD, Nutrition, Obesity, and  
Intestinal Failure at Aspen*

March 6–8, 2009

Hotel Jerome  
Aspen, CO



Course Director:

**Alan L. Buchman,  
MD, MSPH**



**NORTHWESTERN  
UNIVERSITY**

Sponsored by:

Northwestern University's  
Feinberg School of Medicine

Northwestern Inflammatory  
Bowel Disease Center

Northwestern Intestinal  
Rehabilitation/Transplant  
Center

[www.cme.northwestern.edu](http://www.cme.northwestern.edu)  
[www.ibdcenter.org](http://www.ibdcenter.org)  
[www.gutfailure.org](http://www.gutfailure.org)

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants will be able to:

1. List medical and surgical therapies available for the treatment of Crohn's disease and ulcerative colitis
2. Describe appropriate dysplasia and cancer screening in patients with IBD
3. Diagnose concomitant infectious colitis in patients with IBD
4. Describe the potential role of bacteria and probiotics in the pathogenesis and management of IBD
5. Describe the diagnosis and list the treatments for eosinophilic esophagitis
6. List the indications for intestinal transplantation and describe postoperative management in these patients
7. List extraintestinal manifestations of IBD and celiac disease and their treatments
8. Describe surgical approaches to the management of obesity and their complications

**TARGET AUDIENCE**

This continuing medical education program is designed to meet the educational needs of Gastroenterologists, General Surgeons, and Colo-Rectal Surgeons.

**CONFERENCE LOCATION & TRANSPORTATION**

Enjoy the world-famous views from four ski areas, over 70 kilometers of groomed cross-country ski trails, or soak it all in on a snowshoe or dogsledding tour. After an active day, enjoy choices of cuisine from diner to gourmet, from casual to elegant and everything in between. Ski Aspen and discover 4 world-class mountains, over 4100 acres of skiable terrain for every level of skier. This acclaimed mountain ski resort is a very real town, nestled among some of the most beautiful natural scenery and interesting Victorian architecture to be found anywhere. Aspen skiing is remarkable, Aspen Mountain and Aspen Highlands are renowned for expert and intermediate variety while Buttermilk is an entire mountain created just for beginners and intermediates. Twenty minutes away you can ski Snowmass, a true skiers' paradise for skiers of all levels.

The conference is located just 10 minutes from Aspen Airport or 1 hour and 45 minutes from Eagle Airport. Please call 800-837-0155 for discounted airfares and ground transfers from Eagle or Denver. If flying into Aspen airport, please call the Hotel Jerome at 970-920-1000 for complimentary transfers to the hotel.

**HOTEL ACCOMMODATIONS**

Rooms have been reserved at the Hotel Jerome in Aspen, CO. To secure your sleeping room accommodations please go on-line at: [www.ski.com](http://www.ski.com) click on: Group Travel and then: Private Group Registration, User ID: GRP2588, Password: Aspen.

Package Deal: \$1,216.00 Single & \$1,226.00 Double occupancy. Rate includes 3 nights (March 5th, 6th, 7th) at the Hotel Jerome, baggage handling and maid gratuities. Initial deposit of one night's room and tax is due at the time of reservation. Room cancellations are non-refundable after December 31, 2008. Reservations made after February 5, 2009 or after the room block has filled, are subject to availability at regular resort rates. If you need additional nights, triple/

quad accommodations and/ or preferred airfare rates please contact Gloria Saiya-Woods with Ski.com at 800-837-0155 or Tasha McCann at 800-525-2052 ext 3021. Sleeping accommodations will fill up fast, we recommend making your reservations early.

Be sure to inquire about the discounted lift tickets when calling Ski.com.

**ACTIVITIES**

Skiing and boarding are the reasons for visiting the ski resorts, but don't think that's all there is! The list of other activities is endless and a little research beforehand will give you an idea about some of the possibilities. Better yet, give the Ski.com concierge a call at 800-525-2052 ext 3500 and she'll help you put it all together from restaurant reservations to snowmobiling. Or cross country skiing, snowshoeing, spa, shopping, sleigh rides, swimming, bar hopping, great music, and more.

**ACCREDITATION STATEMENT**

Northwestern University's Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CREDIT HOUR STATEMENT - PHYSICIANS**

Northwestern University's Feinberg School of Medicine designates this educational activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**FACULTY DISCLOSURE**

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

**REFUNDS**

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration fee, minus \$50 administrative charge, will be refunded if cancellation is received by January 30, 2009.

**SPECIAL NEEDS**

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

**COURSE DIRECTOR****Alan L. Buchman, MD, MSPH**

Professor of Medicine and Surgery  
Division of Gastroenterology  
Feinberg School of Medicine  
Northwestern University

**NORTHWESTERN FACULTY****Evan J. Anderson, MD**

Assistant Professor  
Division of Infectious Diseases

**Jonathan Fryer, MD**

Associate Professor of Surgery  
Division of Transplantation Surgery

**Amy L. Halverson, MD**

Assistant Professor of Surgery  
Division of Surgical Oncology

**Ikuo Hirano, MD**

Associate Professor of Medicine  
Division of Gastroenterology

**Eric S. Hungness, MD**

Assistant Professor of Surgery  
Division of GI/Endocrine Surgery

**John A. Martin, MD**

Associate Professor of Medicine  
Division of Gastroenterology

**GUEST FACULTY****David G. Binion, MD**

Professor of Medicine  
Division of Gastroenterology  
University of Pittsburgh  
Pittsburgh, PA

**Marla C. Dubinsky, MD**

Associate Professor of Pediatrics  
UCLA Geffen School of Medicine  
Division of Pediatric Gastroenterology  
Cedars Sinai Medical Center  
Los Angeles, CA

**Douglas Farmer, MD**

Associate Professor of Surgery  
Director, Pediatric Liver Transplant Program  
Director, Intestinal Transplant Program  
co-Director, Intestinal Failure Center  
Dumont-UCLA Transplant Center  
UCLA Geffen School of Medicine  
Los Angeles, CA

**Victor W. Fazio, MD**

Chairman, Department of Colorectal Surgery  
Cleveland Clinic Foundation  
Cleveland, Ohio

**Peter H. Green, MD**

Professor of Medicine  
Division of Gastroenterology  
Columbia University College  
College of Physicians and Surgeons  
New York, NY

**Stephen B. Hanauer, MD**

Professor of Medicine  
Chief, Division of Gastroenterology  
University of Chicago Medical School  
Chicago, IL

**Balfour R. Sartor, MD**

Professor of Medicine  
University of North Carolina Medical School  
Division of Gastroenterology  
Chapel Hill, NC

# PROGRAM

## FRIDAY, MARCH 6TH

### MORNING

- 6:30-7:25am Registration, Breakfast & Exhibits  
7:25-7:30am Welcome & Announcements  
7:30-8:00am **Update on the Medical Therapy of Crohns Disease 2009**  
Stephen B. Hanauer, MD  
8:00-8:30am **Update on the Medical Therapy of Ulcerative Colitis 2009**  
Alan L. Buchman, MD, MSPH  
8:30-9:00am **Pediatric IBD in 2009: Big Things for Little Kids**  
Marla C. Dubinsky, MD  
9:00-9:30am **Update on Colon Cancer in IBD**  
David G. Binion, MD  
9:30-10:00am **Panel Discussion and Q&A**  
Faculty

### AFTERNOON

- 3:30pm Registration Re-opens & Exhibits  
4:00-4:30pm **Update on the Surgical Management of Crohns Disease 2009**  
Amy L. Halverson, MD  
4:30-5:00pm **Update on the Surgical Management of Ulcerative Colitis 2009**  
Victor W. Fazio, MD  
5:00-5:30pm **Near Future Directions in the Medical Therapy of IBD**  
Stephen B. Hanauer, MD  
5:30-6:00pm **Case Presentation**  
6:00-6:30pm **Panel Discussion and Q&A**  
Faculty

### EVENING

- 6:30-7:30pm Wine and Cheese Reception & Exhibits  
7:30pm Welcome Dinner

## SATURDAY, MARCH 7TH

### MORNING

- 6:30-7:25am Breakfast & Exhibits  
7:25-7:30am Announcements  
7:30-8:00am **Extra-Intestinal Manifestations of IBD and Their Treatment in 2009**  
Alan L. Buchman, MD, MSPH

- 8:00-8:30am **Infectious Colitis and IBD: Coming out of the Closet**  
David G. Binion, MD  
8:30-9:00am **Probiotics and IBD: Whose Feeding on Whom?**  
Balfour R. Sartor, MD  
9:00-9:30am **Eosinophilic Esophagitis: From Esoterica to Emerging Epidemic. Why Diet Matters?**  
Ikuko Hirano, MD  
9:30-10:00am **Panel Discussion and Q&A**  
Faculty

### AFTERNOON

- 3:30 pm Registration Re-opens & Exhibits  
4:00 pm Announcements  
4:00-4:30pm **Update on the Medical Management of Intestinal Failure 2009**  
Alan Buchman, MD, MSPH  
4:30-5:00pm **Update on Intestinal Transplantation 2009**  
Jonathon Fryer, MD  
5:00-5:30pm **Management of the Post-Intestinal Transplant Patient in 2009**  
Douglas Farmer, MD  
5:30-6:00pm **Panel Discussion and Q&A**  
Faculty

## SUNDAY, MARCH 8TH

### MORNING

- 6:30-7:25am Breakfast  
7:25-7:30 am Announcements  
7:30-7:55am **Update on the Medical Therapy of Celiac Disease 2009**  
Peter H. Green, MD  
7:55-8:20am **Update and Management of Food-Borne Illness 2009**  
Evan J. Anderson, MD  
8:20-8:45am **Endoscopic Management of Obesity 2009**  
John A. Martin, MD  
8:45-9:10am **Surgical Management of Obesity 2009**  
Eric S. Hungness, MD  
9:10-9:35am **NOTES in 2009: What Is It and Do I Need to Take Any?**  
John A. Martin, MD  
9:35-10:00am **Panel Discussion and Q&A**  
Faculty

## REGISTRATION

### Fifth Annual Winter Conference on IBD, Nutrition, Obesity, and Intestinal Failure at Aspen

- Physician . . . . . \$399  
Industry Professional . . . . . \$399  
Fellows/Nurse/Techs . . . . . \$349

Register online at:  
[www.cme.northwestern.edu/conferences/](http://www.cme.northwestern.edu/conferences/)

Mail registration and payment to:

Northwestern University  
Feinberg School of Medicine  
Office of Continuing Medical Education  
750 N Lake Shore Drive, Ste 680  
Chicago, IL 60611-3008

Please make your check payable to Northwestern University, CME

PHONE: 312-503-8533

Last Name: \_\_\_\_\_  MD  
First Name: \_\_\_\_\_  RN  
Institution: \_\_\_\_\_  Other (please specify) \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email(required): \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Will you be attending the Friday night Welcome Dinner:  YES  NO  
Guest Name \_\_\_\_\_ (1 guest per registration)  
Special Dietary Requirements (Advance notification required) \_\_\_\_\_  
Disability Accommodations: \_\_\_\_\_

Please advise us of your needs.

**CROHN'S DISEASE AND ULCERATIVE COLITIS** are chronic diseases afflicting as many as 1.5 million people in the United States. These diseases represent some of the most challenging cases treated by gastroenterologists and surgeons. Although the etiology of these diseases remains elusive, recent advances in diagnostic tools, medical therapy and surgical techniques have provided the basis for a more sound management strategy. A better understanding of disease pathogenesis is leading to better therapeutic options.

Obesity has become a public health issue and medical as well as surgical techniques are being perfected. The clinician must be familiar with complications and the management of these complications as well as patients require lifelong follow-up. As the girth of our society increases, clinicians are faced with a new treatment paradigm the obese patient with IBD.

Patients with severe Crohn's disease as well as catastrophic mesenteric vascular events, or severe motility or malabsorptive disorders may develop intestinal failure. New treatment paradigms are being developed to treat these patients and include improvements in medical management and the prevention/treatment of therapy-related complications, refinement of non-transplant surgery, and definition of the role for small intestinal transplantation. Patients with intestinal failure, regardless of whether the underlying pathology is related to IBD, are the most difficult of patients to manage.

This course is designed to provide the practicing gastroenterologist and surgeon with a comprehensive update of what is new in IBD diagnosis and treatment, the treatment of obesity and other nutritionally-related gastrointestinal diseases, and what can be expected in the near future.



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**NORTHWESTERN  
UNIVERSITY**



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